1. Introduction

Currently, with the continuous development of China's higher education, the colleges and universities have implemented the enrollment expansion policy, so more and more people have entered the colleges and universities and the college students' class management problems have also emerged endlessly. Nowadays, the people have concerned and disputed the quality of higher education; therefore, we shall urgently conduct the in-depth research on the problems existing in the college students' classes and put forward the relevant management strategies so as to improve the teaching quality of the college classes.

2. Problems Existing in China's College Classes

2.1 Truancy is Very Common among the College Students

The examination and assessment mode in colleges is different from that in high school and middle school, and the students' comprehensive performance is constituted by the final exam results and their performance at the ordinary times. Some college students do not want to attend each course, but in order to guarantee the attendance, "the substitution group" has unexpectedly been generated in the colleges and the occurrence of "the substitution group" has directly reflected that the current truancy has prevailed among the college students. According to the survey made by China Youth News, 84.7% of the college student interviewees frankly said that the phenomenon of college students skipping classes was serious currently. Such words as "selectively skipping the compulsory courses, certainly skipping the optional courses" have been widely circulated on the college campus\[1\]. It is visible that the college students' truancy has been a universal phenomenon in college classes, which has been in urgent need of causing our attention.

2.2 The College Students Have Had the Poor Learning Effects

Among the students, such words "the first three rows are the exclusive area for the quick learners; the middle
rows are the leisure area, and the back rows are the rest area” have been popular. More and more students go to
the classroom in advance to make full use of every minute
to occupy the seats in the back three rows instead of occup-
pying the golden seats in the first three rows. In such way,
the learning effect can be imagined. Meanwhile, under
the mode of big-classroom teaching, most of the students
have been crazily recorded the content of the teachers' blackboard-writing or PPT, but have ignored the process
of the conclusion. What's more, some students did not take
notes, but want to pass the exam through borrowing the
review data from the quick learners. On the other hand,
some teachers have also ignored the cultivation of the
students' divergent thinking and simply given lectures at
the teacher's desk in the teaching process. The "cramming
education" teaching method will certainly cause the de-
pressing teaching atmosphere in the whole class and will
be not good for the students to really grasp the learned
knowledge. Under such a teaching mode, more and more
students have been in the status of "absent-minded", and
the learning effect cannot be reached.

2.3 The College Students' Class Problem Behaviors Have Emerged Endlessly

The class problem behaviors mean the behaviors of not
complying with the code of conduct, moral code in class
and hindering and interfering with the normal class activi-
ties or influencing the teaching effect[2].

Currently, the college students' common class problems
are: using cell phones, reading novels, sleeping, chatting
and eating. Such behaviors unrelated to learning have
been especially universal in some common optional class-
es and big-classroom classes. Occurrence of such behav-
iors will not only influence the students' learning effect
but will also greatly influence the teaching order in class.

2.4 The College Teachers' Teaching Mode is Lack of Innovation

The college teachers' teaching mode has been same and
short of innovation, so it has been difficult to mobilize the
students' learning enthusiasm and activity. The college
teachers have mainly repeated what the book says when
giving lectures, and the content is nearly same year after
year. Due to the inconformity of teachers' teaching mode
with the development of the age, it has been difficult to
mobilize the students' learning enthusiasm and activity,
therefore, the class has become the teachers' one-man
show place, thus causing the teachers' "self-questioning
and self-answering" awkwardness in class. In addition,
the current college students have had the vague learning
target, so it has been difficult for them to have the learning
motivation. The college students have been in the certain
confused period, and the sudden relaxation has caused
that they do not know the way and direction in learning;
in addition, the students will also be used to using the key
points stressed by the teachers before each exam and have
lacked the learning target.

2.5 Teachers and Students Have Lacked Communication

During class, the teachers are teaching for completing the
teaching tasks and the students are learning for getting the
credit, but the whole process of teaching is not involved
into learning knowledge. Therefore, the teachers have not
concerned the students' feedback and the students have
hardly had the teaching feedback, which has caused the
lacking communication between the teachers and students.
The teachers and students have hardly had any communi-
cation in addition to the lecture.

3. Reasons for Various Class Problems

3.1 Students Have Lacked Autonomy in Learning

Many students have been used to the teaching mode in
high school, and are waiting for teachers' supervise for
their learning. However, the colleges have paid more at-
tention to cultivating the students' self-learning ability,
and the teachers have only played a guidance role in the
students' learning process. However, many students have
not realized it, or it has been difficult for them to put it
into practice even if they have realized it. Influenced by
the thought "you will be relaxed after going to college",
many college students have reduced the requirements on
themselves, and have gradually lost the learning motiva-
tions and learning targets and have been in the evacuation
status all the time. Additionally, various mass organiza-
tions, students' organizations and practice activities at
colleges have also dispersed the students' attention. Under
the background, a few students can restrain themselves
to follow the general trend, so that more and more students
have sat in the leisure area, and the class problems have
been increasingly more serious.

3.2 Teachers' Teaching Mode Has Been To Be Improved

Many teachers have liked to adopt the "cramming edu-
cation" teaching mode in teaching and have lacked the
interaction with the students, so that the seemingly "har-
monious" but not optimistic phenomenon that "teachers
teach all the time, and the students copy endlessly" is easy
to occur[3]. Because under such a teaching mode, the stu-
dents tend to ignore listening, but blindly copy the content
of the blackboard-writing and PPT; when the teachers ask,
the situation that no reply will occur in class. In addition,
some teachers like to standing at the teacher's desk all the
time while teaching and they tend to ignore the students' problem behaviors.

3.3 Assessment System at Colleges is to be Further Improved

Currently, many colleges have insisted on not examining the controversial problems and avoiding the divergent theories or opinion principles during examinations, which has caused the college classes to be excessively conservation and lack innovation[4]. Additionally, many students will review and circle the key points of examination before examination, which will cause that many students will depend on the key points circled in the last class and learn by rote instead of really grasping the knowledge. What's more, some students have not listened to the lectures, but can also pass the examination only depending on the final recitation. Therefore, various class problem behaviors have also been generated.

3.4 Disadvantages of the Big-Classroom Class Teaching Mode

The big-classroom education mode will not only enable the more students to get the same knowledge at the same time and realize the resource sharing, but also can effectively save some other resources, such as: classroom, multi-media and teachers. However, just because the larger numbers of students, some students can take advantage of the opportunity to generate a series of class problem behaviors such as not concentrating their attention to the lecture in class, chatting, watching TV plays and surfing Taobao with cell phone; due to such large quantity of students, the teachers cannot give consideration at all, and the teaching quality will certainly decline for a long time.

3.5 The Setting of Some College Courses is Unreasonable

The colleges are not only the place where the students learn various cultures and knowledge; what's more, it will cultivate the students' ability in all aspects.

Therefore, various activities will be carried out at colleges to enable them to grow up. However, the colleges shall also complete the task of teaching various cultures and knowledge to the students at the same time, so some courses are in the statue of heavy teaching task and urgent time and will put the pressure on the course teachers; therefore, many teachers must make full use of every minute to explain to the students and impart the knowledge to the students in class to ensure that they can complete the teaching plan on schedule, and they can only ignore some class problem behaviors when they are generated. In this way, the students' class problem behaviors have also been more universal and serious.

3.6 Teachers' Responsibility Has been to be Improved

Some college students have put their energy in scientific research and have not pay enough attention to teaching, and the individual teachers have even strayed from the point, broken away from the teaching requirements and even turn a blind eye to the students' class problem behaviors in class.

4. Strategy to Solve the College Class Problems

4.1 Develop the Relevant System to Renovate the Truancy Behavior

For the students' truancy behavior, both the course teaching and the head teacher shall pay high attention. When the students have the truancy behavior, the teachers shall timely learn about where the students have gone and truly learn about the reasons for their truancy. In case of deliberate truancy, once finding it, the teachers must deal seriously and thoroughly strangle popularity of such bad practice. For example: the colleges can stipulate to circulate a notice of criticism in the whole school, cancel the final qualification for truancy with no reason for 3 times, and must make the students realize the seriousness of such behavior. However, some students will not attend the lectures by asking for a leave, and then various sick leaves will occur in a numerous and complicated way. It is normal to fall ill but we should complete eradicate the phenomenon of skipping classes by pretending sickness, so the schools shall normalize the system of ask for leave and shall not issue the leave application randomly. Moreover, like the old saying "there are policies and measures to counter", some students have frequently had the fluke mind and they will request their roommates to ask for a leave when the teachers calling them and will write a leave application after class, which has not conformed to the normal procedure of asking for leave completely; therefore, the teachers shall clearly stipulate the procedure of asking for a leave.

In general, the schools must develop the relevant system and seriously deal with the student's truancy and behaviors of skipping classes so as to ensure the fair and reasonable check on attendance.

4.2 Improve the Teachers’ Own Quality

Teachers have played the very important role in the class teaching course, and they are the organizer and manager of the whole teaching task; therefore, improvement of the teacher's own quality has been the basis of effectively reducing the college class problem behaviors.
Firstly, the teachers shall more care for and enlighten the students generating the class problem behaviors instead of the blind scolding and criticism. Teachers can communicate and exchange with these students after class to learn about their true thoughts in mind, and they can also adjust their own teaching method whereby to make more students blend in the class and improve the teaching quality.

Secondly, the teachers shall continuously improve their own teaching level. Blind repeating what the book says and the depressing class atmosphere will weaken the students' listening effect. Teachers shall have the professional knowledge closely related to their course and the humorous and interesting teaching style so that they can arouse the student's learning enthusiasm and improve the learning efficiency.

Then, the teachers shall strengthen the communication with the students and carry out some teaching discussions, listen to the students' suggestions more, continuously adjust the teaching method and accomplish democracy in class teaching.

Finally, teachers shall continuously improve their own class management art. Through experiment, the American educationalist, socialist and psychologist Benny drew the following conclusion: "Nothing else is more important than the management skill among the teachers' all tasks."[5]. Therefore, whether the teachers are able to scientifically and reasonably apply the class management strategies will directly influence the teaching effect. In addition, teachers shall also continuously cultivate their own class management art.

4.3 College Students Shall Continuously Improve the Requirements on Themselves
The college class problems have been generated due to the students themselves to the great degree, so the students shall also need to reflect their own various behaviors to change such situation.

After going to college, many students have gradually reduce the requirements on themselves because they have got rid of the high pressure and high load at high school; plus various mass organization activities, popularization of the Internet, their feelings of freshness have risen in mind and, which has enabled the college students to gradually relax their requirements for learning, and the truancy and behavior of skipping classes have occurred later, which have been a series of bad practice brought by the weak self-discipline. Therefore, the college students should make their own targets clear, carefully think their purpose of going to college, and the college students shall make efforts to learn the professional knowledge well and strengthen their own ability in all aspects.

4.4 Other Aspects
For the big-classroom education courses, the schools can properly increase the infrastructure construction, reduce the big-classroom courses and decline the difficulty in the teachers' management of the class order.

Alternatively, in the process of conducting the big-classroom education, they shall strengthen the role of external supervision to timely stop the class problem behaviors.

For earning the credits, the schools must adjust their schemes. The schools can carry out more and more comprehensive common optional courses and lectures as possible to enable more students to meet their own interests and hobbies and earning the full credits required.

5. Conclusion
The problems existing in the college classes have been the result due to the combination of multiple factors, and their occurrence frequency can be better reduced by the cooperation between the schools, teachers and students.

This paper has started from the types of and reasons for the problems existing in the college classes to put forward the relevant management measures. Through such solutions, the teaching quality of the college classes can be improved.

References